



Matrix College Taster Session 2017

- *Are you interested in a career as a counsellor?*
- *Are you keen to learn more about the process, the theories and skills of counselling?*
- *Are you interested in personal development and keen to learn more about how you have become the person you are?*

Through practical exercises and group discussion we will introduce you to the three main elements of counselling – skills, theory and personal development.

The session will help you to get a flavour of the teaching style and learning environment at Matrix. We will also cover the practical aspects of training.

There will also be an opportunity to ask as many questions as you need and to meet either a current or past student.

Norwich	Ipswich	Bury St Edmunds
Steiner School, Norwich	Iceni, Ipswich	The Farmer's Club, Bury St Edmunds
Saturday 22 nd April 10 am to 1 pm Cost £20	Saturday 22 nd April 10 am to 1 pm Cost £20	Friday 5 th May 6 to 9 pm Cost £20

You will need to book onto these events as spaces are likely to fill quickly.

To book a place please contact Nikkita Welman at nikkita@matrix-training.org who will give you further information.