

Year 1

SATURDAY		SUNDAY
<p>9.30-11.00am</p> <p>Welcome and Introductions Overview of Weekend Exercise</p>		<p>9.30-11.00am</p> <p>Group process</p>
11-11.30am		Coffee
<p>11.30am-1.00pm</p> <p>Seminar</p>		<p>11.30am-1.00pm</p> <p>Seminar</p>
1-2pm		Lunch
<p>2.00-3.30pm</p> <p>Skills Practice - Triads</p>		<p>1.45pm-3.45pm</p> <p>Skills Practice - Triads</p>
3.30-4pm		Tea
<p>4.00 – 4.30pm Seminar</p> <p>4.30– 5.15 Study Skills</p> <p>5.15-5.30 Consolidation Check-out</p>		<p>4.00-4.30 pm Discussion and reflection time</p> <p>4.30 – 5.00 Consolidation Evaluation Forms Check-out</p>